

## RSM Klubrekorder - Damer – Bænkpres reps. med 50% af kropsvægt

| <b>Vægtklasse</b>   | <b>Sub – Junior – 14-18 år</b> | <b>Antal</b> | <b>Stævne</b>         | <b>Dato</b> |
|---------------------|--------------------------------|--------------|-----------------------|-------------|
| 47 kg               |                                |              |                       |             |
| 52 kg               |                                |              |                       |             |
| 57 kg               |                                |              |                       |             |
| 63 kg               |                                |              |                       |             |
| 69 kg               |                                |              |                       |             |
| 76 kg               |                                |              |                       |             |
| 84 kg               |                                |              |                       |             |
| 84+ kg              |                                |              |                       |             |
| <b>Vægtklasse</b>   | <b>Junior – 19-23 år</b>       | <b>Antal</b> | <b>Stævne</b>         | <b>Dato</b> |
| 47 kg               |                                |              |                       |             |
| 52 kg               |                                |              |                       |             |
| 57 kg               |                                |              |                       |             |
| 63 kg               |                                |              |                       |             |
| 69 kg               |                                |              |                       |             |
| 76 kg               |                                |              |                       |             |
| 84 kg               |                                |              |                       |             |
| 84+ kg              |                                |              |                       |             |
| <b>Vægtklasse</b>   | <b>Senior</b>                  | <b>Antal</b> | <b>Stævne</b>         | <b>Dato</b> |
| 47 kg               |                                |              |                       |             |
| 52 kg               |                                |              |                       |             |
| 57 kg               |                                |              |                       |             |
| 63 kg               | Natasja Nørskov                | 31           | Record breaker meet 1 | 09.02.2025  |
| 69 kg               |                                |              |                       |             |
| 76 kg               |                                |              |                       |             |
| 84 kg               |                                |              |                       |             |
| 84+ kg              |                                |              |                       |             |
| <b>Vægtklasse</b>   | <b>Masters 1 – 40-49 år</b>    | <b>Antal</b> | <b>Stævne</b>         | <b>Dato</b> |
| 47 kg               |                                |              |                       |             |
| 52 kg               |                                |              |                       |             |
| 57 kg               |                                |              |                       |             |
| 63 kg               |                                |              |                       |             |
| 69 kg               |                                |              |                       |             |
| 76 kg               |                                |              |                       |             |
| 84 kg               |                                |              |                       |             |
| 84+ kg              |                                |              |                       |             |
| <b>Vægtklasse</b>   | <b>Masters 2 – 50-59 år</b>    | <b>Antal</b> | <b>Stævne</b>         | <b>Dato</b> |
| 47 kg               |                                |              |                       |             |
| 52 kg               |                                |              |                       |             |
| 57 kg               |                                |              |                       |             |
| 63 kg               |                                |              |                       |             |
| 69 kg               |                                |              |                       |             |
| 76 kg               |                                |              |                       |             |
| 84 kg               |                                |              |                       |             |
| 84+ kg              |                                |              |                       |             |
| Revideret: 09.02.25 |                                |              |                       |             |